

Nova Scotia Gaming Healthy Play Programs

Nova Scotia Gaming has a shared responsibility to support positive experiences for those who choose to gamble. This means Nova Scotians who play have access to helpful information, tools and resources that encourage healthy play through increased gambling literacy and setting of limits. We also want players who are experiencing harm from gambling to reduce their play or stop gambling altogether. The following healthy play programs/ initiatives by Nova Scotia Gaming are in support of those efforts.

1. Awareness Weeks & Campaigns

- In 2001-02, Nova Scotia became the first jurisdiction in North America to launch a *Responsible Gambling Awareness Week (RGAW)*.
- From 2005 to 2011, Nova Scotia Gaming held a two-day Responsible Gambling conference which featured world-renowned guest speakers and focused on responsible gambling and social responsibility within the gaming industry.
- Other events that Nova Scotia Gaming has held include the Community Education Activity, and events promoting the Responsible Gambling Resource Centres at the Halifax and Sydney casinos.
- Nova Scotia Gaming launched its ongoing Gambling Literacy Awareness Campaign in January 2022, with a mix of online and retailer digital media and in-person activations scheduled throughout the year.

2. Responsible Gambling Resource Centres

- Nova Scotia Gaming started the province's first on-site staffed Responsible Gambling Resource Centre at the Halifax Casino in 2005-06, and in Sydney in 2006-07. The purpose of each Centre is to provide relevant and useful information about healthy play, as well as linkages to treatment and services in the community.

3. Ticket Lottery Retailer Healthy Play Training Program

- Nova Scotia Gaming created a training program for employees of the more than 900 businesses that offer ticket lottery products. This education program provides retailers with information to support players in making informed decisions when playing ticket lottery products.
- In 2013-14, Nova Scotia Gaming transferred the daily management of this training program to Atlantic Lottery.
- In 2025-26, 100% of ticket lottery retailers completed training as required.

4. Video Lottery Retailer Responsible Gambling Training Program

- Nova Scotia Gaming created the Video Lottery Retailer Healthy Play Training Program in 1999-2000 and updated it in 2008-09. The program educates video lottery retailers and their staff about healthy play and how to support players in making informed decisions when playing video lottery.
- In 2013-14, Nova Scotia Gaming transferred the daily management of this training program to Atlantic Lottery.
- In 2025-26, 100% of video lottery retailers completed the training as required.

5. Casino Healthy Play Training Program

- Nova Scotia Gaming provides annual healthy play training to the employees of both Casino Nova Scotia locations. This online training has been created by healthy play experts .
- In 2024-25, 100% of Casino Nova Scotia employees completed Healthy Play training as required.
- NSGC launched an updated, expert reviewed and produced Healthy Play Training Program in 2023-24 and continues to make annual updates.

6. *Healthy Play (formerly called RG) Features on VLTs*

- VLTs in Nova Scotia offer the following healthy play features on the machines and in sites:
 - ▶ *Pop-up reminder* – This advises the player how long they have been playing and asks the player if they wish to continue. The reminder first appears after 60 minutes and then at 30-minute intervals.
 - ▶ *Displaying amount wagered in dollars* – The amount wagered shows as an actual dollar amount instead of credits.
 - ▶ *Mandatory cash out* – This feature requires the player to cash out their money after 150 minutes of play time.
 - ▶ *Maximum Bet* – \$2.50 per spin.
 - ▶ *Permanent clock* – This clock is always available on the player screen and reminds the player of the time of day.

7. *Healthy Play Features on alc.ca*

- The following Healthy Play features are currently available on alc.ca:
 - ▶ *Player education and awareness*
 - Game information and resources
 - Account history
 - ▶ *Mandatory features*
 - Maximum weekly deposit limit
 - Mandatory break in play (after five hours)
 - Session time (to keep track of time) and hourly reminders
 - Playwise Rating
 - ▶ *Optional features*
 - Daily wager and session time limits
 - Self-assessment
 - Self-Exclusion (Short Term: 1-90 days, Long Term: 6 months, 12 months, 24 months, 36 months)

8. *yourbestbet.ca Resource Website*

- In 2008-09, Nova Scotia Gaming launched yourbestbet.ca, a world-first responsible gambling website dedicated to providing the public and players with important information to make informed decisions and help prevent gambling

harms before they start. The detailed informational and educational content was developed by independent experts. More than 33,830 users have interacted with the yourbestbet.ca website between April 1, 2025 and March 31, 2026.

9. *Healthy Play Information Program*

- In 2008-09, a new Healthy Play Information Program was developed to replace the existing Play by Play brochure series, developed in 2005-06. The program consists of five brochures, available at Casino Nova Scotia locations, and ticket and video lottery sites. The brochures dispel myths, provide gambling facts and, offer tools and tips to facilitate healthy play choices.
- In 2016-17, Nova Scotia Gaming reviewed and updated the program to ensure it is still relevant and effective in helping Nova Scotians make informed decisions about their gambling. Nova Scotia Gaming also updated its brochure on the Voluntary Self-Exclusion program in January 2020 to align with the updated VSE Program.
- Nova Scotia Gaming has translated the brochures into French, Mi'kmaq, Arabic, Spanish and Mandarin.

10. *Healthy Play Assessment Program*

- In 2006, Nova Scotia Gaming created the first Social Responsibility Assessment Program, which is designed to serve as an input into the decision-making process about whether or not a new product should be introduced, a new marketing approach undertaken, or a new project initiated.
- Recently the program was updated and renamed to Healthy Play Assessment (HPA) to more accurately reflect the scope of the program.
- As per the Social Responsibility Charter, the program is used by Nova Scotia Gaming and its two operators, Atlantic Lottery and Casino Nova Scotia, to standardize Nova Scotia's approach to social responsibility within the province's gaming industry.

- The HPA Program goes through a regular review process that actively involves Advertising Standards Canada and Healthy Play experts.

11. Voluntary Self Exclusion

- Voluntary Self-Exclusion is available at both Casino Nova Scotia properties (to exclude from the Casinos) and separately through alc.ca (to exclude from online play at alc.ca).

Casino Nova Scotia

- Since opening in 1995, Casino Nova Scotia has offered a Voluntary Self-Exclusion (VSE) program.
- The VSE Program enables individuals to voluntarily exclude from both Casino Nova Scotia properties (Halifax and Sydney).
- The VSE Program was updated January 2020 and now includes exclusion term choices (6 months, one year, three years and indefinite), a simplified reinstatement process, and forfeiture of wins. Forfeiture of wins means self-excluded individuals are not eligible to win prizes, cash, or promotions.
- To sign up, individuals can talk to any Casino Nova Scotia staff member or visit or contact the Responsible Gambling Resource Centre at either casino. Additionally, the Alcohol, Gaming, Fuel and Tobacco Division of Service Nova Scotia offers an offsite option to complete VSE in both Halifax and Sydney.

alc.ca

- VSE, or Break in Play, is also available for those who play on alc.ca. Individuals can exclude themselves for 6, 12, 24 or 36 months. Additional information is available on alc.ca.
- There is currently no self-exclusion option available for Video Lottery or Ticket Lottery Retail.

The Provincial Mental Health and Addictions Crisis Line provides crisis support for anyone, including family members and friends, who may be experiencing a mental health or addictions crisis. Callers receive in the moment support from trained professionals. The Crisis line is free, confidential, and available 24 hours a day, seven days a week. 1-888-429-8167 or mha.nshealth.ca